



Graduate Diploma in Marriage and Family Therapy

A special joint-degree program is offered by [The Colorado School of Family Therapy \(CSFT\)](#) and Asia Institute of Professional Psychology(AIPP). CSFT was founded in 1995 as a collaborative effort between educational, religious, charitable, and mental health organizations. It is a legal State of Colorado non-profit organization and an IRS 501© (3) tax-exempt organization. In 1997 the Marriage and Family Therapy Training Program graduated its first group of graduates. Each graduate has gone on to make a significant contribution to the field of psychotherapy and marriage and family therapy in Colorado. The School has contributed significantly to the field of marriage and family therapy in Colorado and is proud of its ability to train therapists and provide systemic relational therapy.

Combining the expertise and experience of AIPP and CSFT teaching staff, students in the Graduate Diploma and Certificate in Marriage and Family Therapy will get the best training in Marriage and Family Therapy. After completion of the course requirements, students will receive a Diploma given by AIPP and CSFT.

Course Overview

This Diploma program is designed within the practitioner-scholar model to enable successful graduates to function as marriage and family therapists in a variety of settings. Through required course work, practicum and internship experiences, students are provided an opportunity to develop skills in assessment, interviewing and counseling with individuals, couples and families.

The general core course content meets the basic requirements by the American Association for Marriage and Family Therapy (AAMFT) at the Professional Diploma Level.

Special Features

- Limited admission of students to keep class size small
- Direct supervision by The American Association for Marriage and Family Therapy (AAMFT) Approved Supervisors
- Student Membership and/or Affiliate Membership with AAMFT
- Clear professional identity as a "Marriage and Family Therapist" after graduation

Course Outcomes

Upon successful completion of the course, students will be:

- Equipped to work in a range of contexts with families
- Capable in their chosen professional areas
- Able to operate effectively in work and community
- Able to gain knowledge and understanding of systemic and related therapies

Admission Requirements

- Applicants should have a recognized degree in the behavioral/human sciences or health-related discipline
- Holder of an appropriate certificate in mental health programs may apply for possible admission
- Complete pre-requisites, if necessary
- Admission interview is required
- Have training or experience in counseling for a minimum of one year

Continued from Page 1

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Course Objectives

The objectives are specified by the professional body for family therapy and systemic practice. These include:

- A basic understanding of the systemic approach to family and other relationships
- An ability to describe a range of systemic models and approaches and give examples of their application to practice
- An ability to describe and critique the concept of the family life cycle perspective
- An awareness of the impact of the wider social context especially in respect of race, class, culture, gender, sexual orientation, age and disability

This program provides advanced level family therapy skills training, theoretical knowledge in family systems and builds on the students' existing counseling experience and training.

Assessment

Students will be required to:

- Meet 80% attendance requirement
- Satisfy completion of the clinical hours
- Complete individual module assignments
- Complete other related assignments and projects

Upon successful completion of this and the other course requirements, individuals will be awarded a Professional Diploma in Marriage and Family Therapy by AIPP and CSFT.

Courses Required

MFT 5001	Systems Counseling
MFT 5002	Psychology of Human Sexuality
CP 5004	Family Assessment
HD 5001	Human Development
CP 5002	Counseling Skills
CP 5003	Group Theory and Process
CP 5009	Understanding Psychopathology
CP 5006	Professional Seminar
MFT 5007	Practicum
MFT 5008	Internship

Required total hours: 138 hours

Hours spent in field placement are not included

Course Duration

10- 12 months

Classes are generally on Saturdays, some Sundays and some weekdays

Course Fee: S\$7,000

Different payment plans are available